



# RESTORE

## Contact Layer FLEX Dressing



### Protocol

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This protocol is intended to supplement, not replace, your facility's guidelines and/or common practices.

### Desired Outcomes

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- To maintain a moist wound environment for the healing of partial to full-thickness wounds
- To help prevent pain during dressing removal

### Equipment

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1. RESTORE Contact Layer FLEX dressing
2. Wound measuring guide
3. RESTORE wound cleanser or sterile saline for wound cleansing
4. Gauze or towel to dry periwound skin
5. Secondary cover dressing
6. Gloves

### Procedures

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- Preparation of wound area
- Application of wound dressing
- Removal of wound dressing
- Documentation of observations

### Preparation of Wound Area

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1. Assemble supplies and take to bedside.
2. Identify and inform patient of procedure.
3. Provide for privacy.
4. Wash hands and apply gloves.
5. Position patient so that the wound area is exposed.
6. Thoroughly rinse or irrigate the wound area with Restore wound cleanser or sterile saline, if appropriate. (If necessary, the wound should be debrided).
7. Clean and dry the periwound skin.
8. Measure the wound using the wound measuring guide.

## Application of Dressing

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1. Remove the protective clear tabs from both sides of the RESTORE Contact Layer FLEX dressing.
2. Apply RESTORE Contact Layer FLEX dressing to cover the entire wound using aseptic technique. The dressing may overlap onto healthy skin.
3. Cover with appropriate secondary dressing using aseptic technique (gauze, transparent film, etc).
4. Secure secondary dressing with tape or other material.
5. Remove gloves and wash hands after completing procedure.

## Removal of Dressing

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1. Wash hands and put on gloves.
2. Remove secondary dressing.
3. Remove RESTORE Contact Layer FLEX dressing.
4. Irrigate wound base using RESTORE wound cleanser or sterile saline.
5. Reapply dressing if necessary.
6. Remove gloves and wash hands after completing procedure.

**Note:** Change RESTORE Contact Layer FLEX dressing every seven days or as required. Dressing change frequency will depend on patient condition and the healing progression.

## Documentation of Observations

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Document dressing changes, wound measurements and other pertinent observations regarding the wound or periwound site.

## Assess

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Key observations to document with wound dressing change:

- Size of wound
- Depth of tissue involvement (partial-thickness, full-thickness, stage)
- Presence of undermining or tunneling
- Anatomic location
- Wound Base (granulation, epithelialization, subcutaneous tissue, muscle, bone or other underlying structures, non-viable/necrotic tissue, color, exudate amount/odor/color)
- Edge of wound
- Presence of foreign bodies
- Condition of surrounding skin

## Plan

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Select interventions to provide appropriate local wound care:

- Prevent and manage infection
- Pain management
- Cleanse wound
- Remove nonviable tissue
- Manage exudate
- Eliminate dead space
- Control odor
- Protect wound and periwound skin
- Maintain a moist wound environment

## Implement

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- Follow Protocol for the RESTORE Contact Layer FLEX dressing
- Reduce or eliminate factors that may interfere with wound healing
- Provide systemic support for wound healing

## Evaluate

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- Reassess wound with each dressing change.
- Frequency of dressing changes should be dictated by facility protocol.
- If no progress can be demonstrated within two to four weeks, reevaluate the overall treatment plan, as well as adherence to this plan, making modifications as necessary.

## Restore Contact Layer FLEX Dressing Advantages

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- Maintenance of a moist wound environment
- Helps reduce or eliminate pain at dressing changes
- May remain in place for up to seven days
- Helps minimize damage to newly formed tissue

See Instructions for Use for important information regarding the use of this product at [www.hollister.com](http://www.hollister.com)

## Ordering Information

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RESTORE Contact Layer FLEX	Stock No	Unit of Sale
2"x 2" (5 cm x 5 cm)	506487	10
4"x 5" (10 cm x 12.7 cm)	506488	10
6"x 8" (15 cm x 20 cm)	506489	10

## RESTORE wound cleanser

8 oz. (236 mL) Trigger Spray Bottle, Non-Sterile	529975	12/box
12 oz. (354 mL) Trigger Spray Bottle, Non-Sterile	529976	12/box



Manufactured for:  
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